

FREE
OFFER**SICILIAN ORGANIC RED ORANGES****The healthy red oranges very rich in C vitamin**

The red orange is unique. Infact it contains twice the Recommended Daily Dose (RDD) of C vitamin per fruit and 40% more than other citrus fruit. A decennary research from University of California on 11.000 people showed that daily taking of high quantity of C vitamin could extend life expectation (source: Prof. James Enstron, University of California).

The red orange contains also many other beneficial micronutrients, such as A, B, and PP vitamins, magnesium, iron, calcium, phosphorus, selenium, and flavonon. It is also important the high concentration of potassium that, associated with the very low sodium content, decreases the hypertension, the tumoral cells diffusion and the cellular aging. For all these reasons, the red orange is one of the symbols of the dietary prevention against tumors and it is supposed to be the citrus fruit more suitable for oncologic prevention.

**Red Oranges and pregnancy**

According to a recent research presented during the American Society for Parental and Enteral Nutrition congress in San Antonio (Texas), an addition of C vitamin during pregnancy would reduce the premature birth risk. During pregnancy, there is a reduction of blood levels of C vitamin and of many other substances. The increasing of C vitamin, especially through fresh food such as red oranges, in the pregnant women diet would avoid therefore this dangerous reduction. The Medicine Institute of USA has recently extended the advice of a constantly assumption of C vitamin in all women diet, with a recommended daily dose of 75 mg.



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